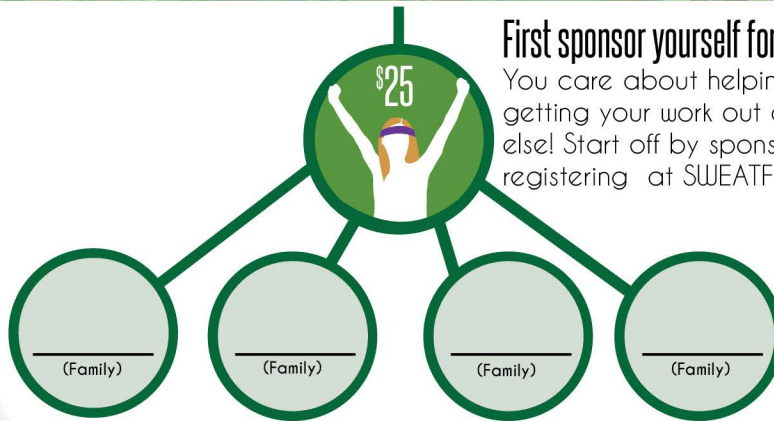


SWEAT FOR PETS
Walk, Run & Roll

HOW TO RAISE \$400 IN 7 DAYS
for your SWEAT FOR PETS team

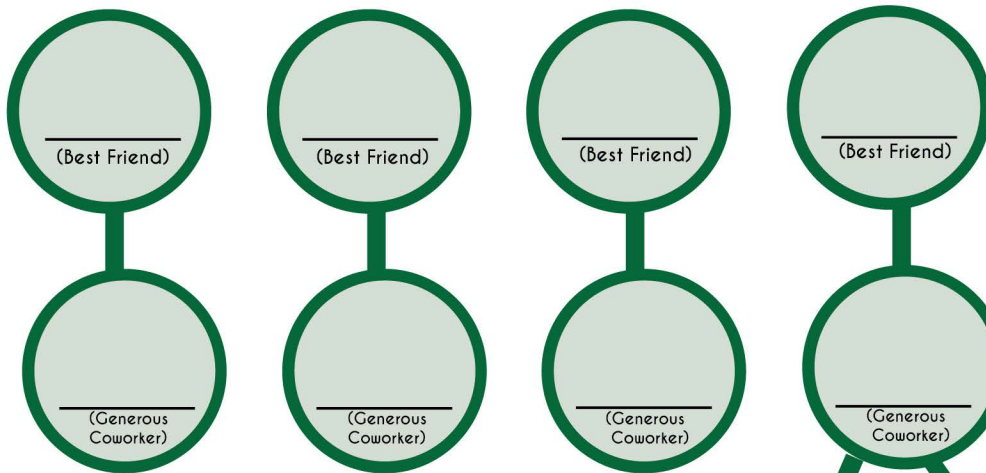


First sponsor yourself for \$25!

You care about helping homeless pets while getting your work out on more than anyone else! Start off by sponsoring yourself and registering at SWEATFORPETSTUCSON.org!

Ask four family members to sponsor you for \$25 each!

Your family wants to support you and your dreams of helping the Humane Society of Southern Arizona! Ask them to contribute to your fund with a donation of \$25 each! Offer to do a household chore as incentive or trade!



Ask four friends to sponsor you for \$20 each!

Remind your friends that you will always have their back and this is one way to return the favor!

Ask four coworkers to sponsor you for \$20 each!
Bring in a dozen donuts or pizza for lunch to inspire your team to give, give, give!

Ask your boss for a company contribution!

Your boss will be inspired by your willingness to give back to the Tucson community and gladly contribute \$40! Show your boss the work HSSA does for our community.



Ask 3 local businesses for \$25 each!

Ask local businesses that you frequent regularly for their contribution and promise to tag them as your sponsors on social media!

YOU DID IT!

You raised \$400 for your SWEAT FOR PETS team!
All proceeds benefit the Humane Society of Southern Arizona!

